

# Recovering from surgery?

## RESPITE SUITES AVAILABLE



Enjoy your furnished private suite, including:

- Adjustable bed
- Post-operative respite care with access to 24/7 on-site nursing
- Lift/transfer equipment & support for up to a 2-person transfer\*
- Medication management & administration
- Personal support with activities of daily living
- Continence care
- Assistance with bathing
- Emergency alert system & personal pendant
- Escort to and from meals & Wellness Centre
- Access to on-site V!VAfit classes
- Three delicious & balanced meals daily
- Laundry and housekeeping weekly
- Coordination with Ontario Health services\*
- Other services available as needed‡

**For more information, call (905) 431-7410**



\*Pending required assessment; conditions apply ‡Additional fees may apply

# Elective Surgery? Plan ahead!

Organize your post-surgical recovery plans early by pre-booking your respite stay!

Come in for a tour of our fully-furnished respite suites, designed to provide all the comforts of home.

**Call (905) 431-7410 or  
email [whitbyshores@vivalife.ca](mailto:whitbyshores@vivalife.ca)  
for more information.**



***Making Today Great!***

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**INDEPENDENT & ASSISTED LIVING | RESPITE**