## **Assisted Living.**

### Support with a smile.

For Community Members who require some extra care, V!VA's Assisted Living program offers an optimal combination of spacious suites, privacy and assistance when you need it.

Located on VIVA Whitby Shores's beautifully designed second floor, the Assisted Living floor features grab-bars for security, and on-site access to nursing and personal care services 24 hours a day, 7 days a week. Plus, Assisted Living Community Members have access to exclusive amenities conveniently located on the same floor, including: the accessible Marina Spa featuring a walk-in therapeutic tub, the Victoria dining room, and the Family Den – a great place to catch up with friends or participate in engaging programs.

#### Assisted Living suites include our standard Independent Living features, plus:

- Access to 24/7 on-site nursing
- Medication management & administration
- Personal support with activities of daily living
- Assistance with bathing
- Emergency alert system & personal pendant
- Escort to and from meals & Wellness Centre
- Three delicious & balanced meals daily
- Laundry and housekeeping weekly

#### In addition, these options are available for an additional fee:

- Adjustable bed
- Continence care
- Lift/transfer equipment & support for up to a 2-person transfer
- Coordination with Ontario Health services
- Other services available as needed



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# Assisted Living.

Amenity Floor Plan

## Second Floor.



- 1 Family Room
- 2 Marina Wellness Spa
- 3 Victoria Dining Room

- 4 Doctor's Office
- (5) Terrace