

Home Care Services

Our Elizz nurses, personal support team, and rehab staff are there to give you peace of mind, with professional in-home help for the person in your care.



Health care specialists ready to help individuals at all stages of life.



A trusted friend and voice to be there when you can't.



Assistance with bathing, toileting, feeding or just getting to that appointment.

Family caregivers are everywhere.

We see

you



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To book your
Caregiver Coach Session
call 1 855 Ask Eliz (275 3549)

or visit www.elizz.com
to learn more.

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Caregiver Coach



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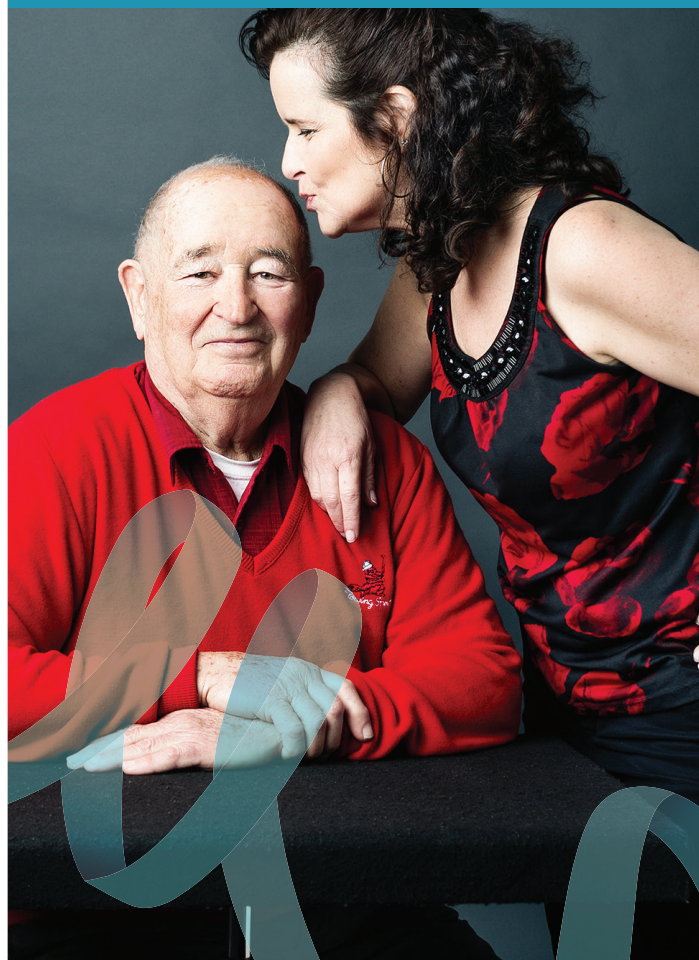
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What Can I Expect?

- **Immediate support.** Elizz Caregiver Coach appointments can be booked same-day and your personalized plan will be provided to you within 24 hours.
- **Convenience.** This virtual service is available from 8am to 8pm Monday to Friday, accessible anywhere.
- **Knowledge and resource network.** Experienced navigation specialist with access to all of the most relevant resources, people, and services arming you with the best information you need to make important decisions.
- **Navigation.** Get access to a wealth of knowledge on government and private programs and services, funding and housing options, expert education sources, practical skills, and more. Helps you navigate the health care system, clarifying your options and providing you with an action plan.

What is Caregiver Coach?

The Elizz Caregiver Coach is an expert in navigating the complex challenges caregivers face. The Elizz Caregiver Coach works with you to establish a simple, personalized, and detailed caregiving plan that you can confidently follow.



Virtual Health Services

Get expert support and advice from a network of virtual health care professionals including navigation specialists, nurses, social workers, and counsellors.



- * Get set up for success! The Caregiver Coach will help you build a care plan that works for everyone.



- * A health care insider to help you understand and prepare for the journey ahead.



- * Struggling with stress or guilt? This effective tool will help you adjust and cope.