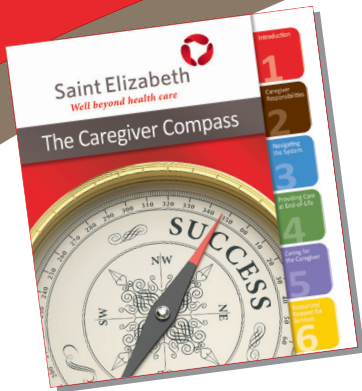


Resources for families
and caregivers



Free Guide for Family Caregivers

Saint Elizabeth
Well beyond health care



Saint Elizabeth has provided health care to families
in their homes for over 100 years.

Our **Caregiver Compass** includes important information on:

- Government support programs;
- Arranging support services;
- Managing finances and legal arrangements;
- Personal support – bathing, grooming and feeding; and
- Avoiding caregiver burnout.

View the Caregiver Compass at:

www.saintelizabeth.com

For more information, call our **Ask Elizabeth** support line at

1.877.787.SEHC (7342)

or chat online at **www.saintelizabeth.com**

Monday through Friday, 8:30 a.m. – 4:30 p.m. EST

Saint Elizabeth is a not-for-profit charitable health care organization providing quality care since 1908.



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Saint Elizabeth

Well beyond health care

HEALTH CARE SERVICES
In your home

PERSONAL SUPPORT, NURSING
AND REHAB THERAPIES

To learn more about our services, visit saintelizabeth.com
or call **1.877.625.5567**

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