

Option+

BOOK AN
APPOINTMENT
WITH YOUR
PHARMACIST



KEEPING YOUR URINARY TRACT HEALTHY

The urinary system is a key player in everyday life, and health, regularly eliminating toxins from our bodies. Unfortunately, sometimes infections such as Urinary Tract Infection (UTI) occur.

UTIs occur when bacteria enter the urinary tract and multiply in the bladder. Most common symptoms include a burning feeling when urinating, an urgent and frequent need to urinate and discomfort. A medical check-up will help you determine if you have this condition.

GET MORE PROACTIVE ABOUT HEALTH NOW

Fortunately, there are ways to alleviate the symptoms, including increasing your fluid intake, over the counter cranberry supplements and attention to proper personal hygiene. You can also add supplements to your diet that are specifically formulated to help you manage this condition.

Your pharmacist can discuss your options with you. With the right advice, a proper diet and a positive outlook, a healthy urinary tract is possible.

URINARY



CRANBERRY

500 MG CAPSULE

PHARMACIST
RECOMMENDS

AVAILABLE
SIZE

90

Active ingredient

Cranberry Concentrate.

Properties/Uses

Used in herbal medicine to help prevent recurrent urinary tract infections (UTIs). Source of antioxidants for the maintenance of good health.

Directions (adults)

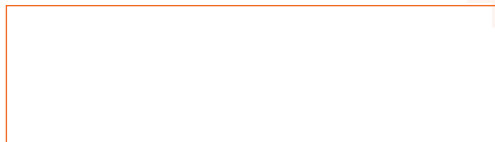
1 capsule daily with a full glass of water at mealtime, or as recommended by your health care professional. Use for a minimum of 4 weeks to see beneficial effects.



- Caution when used for patients with a history of kidney stones. Caution when using with blood thinners or statins.



PHARMACY INFORMATION



Vitamins and natural health products can interact with your medication or be contraindicated in certain conditions. Consult your health care professional to find the product that is right for you, in accordance to your needs and health condition, as well as contraindications and possible side effects.

