Allergies



Allergies are an exaggerated immune reaction to normally harmless substances known as allergens. When a susceptible person is first exposed to an allergen, an immune response is activated. Later re-exposure may result in the release of substances, including histamine, triggering a range of reactions.

Allergies vary in intensity and can take many forms including atopic dermatitis (eczema), asthma, and allergic rhinitis.



Guardian