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I.D.A.
Your Friendly Neighbourhood Pharmacy

Let's talk about
Bone Health
Calcium, magnesium and vitamin D are key players in keeping your bones strong and healthy. Ask your pharmacist how diet, exercise and supplements can work together to meet your needs.

9⁹⁹
e.s.
ENSURE 6x235mL, GLUCERNA 6x235mL or GLUCERNA Bars 6x40g or PEDIASURE 4x235mL Selected Meal Replacements

13⁹⁹
e.s.
DEPEND or POISE Pads or Underwear Selected Types and Sizes

BEST PICKS FOR DAILY HEALTH!

17⁹⁹
e.s.
REACTINE Allergy Tablets 25-35% or BENADRYL Capsules 100's

40% OFF
JAMIESON Natural A, B, C, D or E Vitamins Selected Types

14⁹⁹
e.s.
TYLENOL EXTRA STRENGTH Tablets or Caplets 40's-200's Selected Types

Switch and Save vs. leading national brands.
Approved by your pharmacist for your health.

health and wellness

19⁹⁹
e.s.
METAMUCIL Capsules 120's-180's or Fiber 114 Dose

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NICORETTE 2mg or 4mg Gum 20's or Lozenges 22's

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7⁹⁹
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