

Sk institut™

LASER HAIR REMOVAL HOMECARE PACK

We've created this Laser Homecare Pack to provide you with all you and your skin need to both prepare for and support your skin after laser hair removal treatments to help you see the best results possible.

YOUR SKINSTITUT LASER HOMECARE PACK:

LASER AID

A powerful anti-inflammatory and anti-bacterial gel that draws trapped heat from deep within the hair follicle. It helps to quickly quell redness and irritation and instantly cool and soothe the treated area.

SKINTEL: Apply to sunburn, bites, stings, itches, post-waxing or shaving. We also like to use Laser Aid as an anti-inflammatory mask or lightweight, anti-bacterial moisturiser.

GLYCOLIC SCRUB 9%

This high-intensity scrub combines the powers of both physical and chemical exfoliation to digest dead skin cells while also working into the follicle to free hair and debris which helps to reduce the risk of ingrown hairs or follicular swelling.

SKINTEL: Glycolic Scrub 9% doubles as an effective foot and body scrub that helps remove spray tan and can assist keratosis pilaris.

BARRIER REEF SPF 50+

A dependable, hydrating sunscreen with broad-spectrum and antioxidant protection against UVA, UVB, and free-radical damage.

GENTLE CLEANSER

Use this non-irritating and soothing cleansing gel when shaving prior to treatment and also to cleanse and purify treated areas following hair-removal treatments.

SKINTEL: It's gentle enough to remove all make-up (including eyes) and doubles as a gentle body wash.

EVEN BLEND SERUM

This efficient skin corrector helps to chemically exfoliate the skin, clearing the pores of congestion. It also helps to reduce the likelihood of in-grown hairs, lightens skin discolouration from past in-grown hairs or friction, and helps to prevent any darkening of the treated area.

SKINTEL: As it's an efficient exfoliator, Even Blend Serum is very beneficial for skins suffering from pigmentation, sun damage, acne or blackheads.

LASER HAIR REMOVAL HOMECARE

Your **Laser Hair Removal Homecare Pack** has everything you need for both before and after your laser treatments and will support your skin through your entire treatment plan. By diligently following the appropriate homecare plan, not only will your skin heal more quickly but you'll see the best results from your treatment.

Your therapist will explain the relevant requirements for your skin and will prescribe the most appropriate Homecare Pack for the area being treated.

DAYS 1-5	AM	PM	FREQUENCY	HOW TO USE
Laser Aid 			Daily	Apply liberally to treated area, up to 4 times per day, until redness subsides. Remove excess with tissue & avoid rubbing excessively.
Gentle Cleanser 			Daily	Use a pea-sized amount with water & lather for 30 seconds to cleanse the treated area..
BARRIER REEF SPF 50+			Daily	Pat onto treated area. Reapply at 2 hour intervals if the affected area is exposed to sunlight.

AFTER 5 DAYS

Glycolic Scrub 9% 			2-3 times per week	Squeeze a pea-sized amount onto hands & rub over treated area for 30 seconds. Rinse & pat dry.
Even Blend Serum 			Daily	Apply a pea-sized amount to clean dry skin in the treated area.
BARRIER REEF SPF 50+			Daily	Pat onto treated area. Reapply at 2-hour intervals if the affected area is exposed to sunlight.

Note: if you need to shave prior to your next appointment use the Gentle Cleanser as your shaving gel and then apply Laser Aid to dry skin to ensure the area stays calm and free from irritation.

Disclaimer: All product suggestions are a guide only. If you're using prescription medication or suffering from a health condition, please notify your Laser Technician who may need to adjust your prescription accordingly. Additionally, seek advice from your medical practitioner.