## Your Skin Treatment Plan



DETAILS	SKINSTITUT RECOMMENDATIONS
Consultation Date	
Client	
Therapist	
Clinic	INJECT CONSULTATION BOOKED WITH NURSE Y / N

### Treatment

- □ PCA No Peel Peel
- □ PCA Perfecting Peel
- □ PCA Boosted Peel
- Calm and Hydrate Peel
   HydraFacial
- Melanopro Peel

- □ LED Light (Yellow)
- LED Light (Blue)
- Microdermabrasion
- Advanced Hydrojelly Facial
- Microneedling
- Microneedling Boost and Brighten
- Laser Pigment Treatment
- Laser Skin Tightening
- Laser Vascular
- Laser Flushing

Frequency	Treatment Type	Date
Treatment 1		
Treatment 5		
Treatment 7		
Treatment 9		
Treatment 10		





# Your Prescription

# Skinstitut™

#### Expert

For advanced signs of ageing

#### Anti-Ageing

Fine lines, Wrinkles, Dryness, Ageing, Reduced elasticity

#### Brightening

Pigmentation, Sun spots, Sun damage, Dullness

#### Calming

Sensitivity, Itchiness, Rosacea, Redness

#### Clearing

Oilyness, Blackheads, Breakouts, Open pores, Increased pore size

#### Hydrating

Dehydration, Dryness, Tightness

	Product	AM	PM	Order of Use	Frequency
Cleanse	Gentle Cleanser  L-Lactic Cleanser  Expert Squalane Cleansing Oil Glycolic Cleanser 12%				
Exfoliate	Enzymatic Micro Peel  Expert Glycolic Refining Solution  Glycolic Scrub 14%				
Correct	10% Vitamin C Super Serum 1% Hyaluronic Complex Serum 10% Niacinamide Power Serum Multi-Active Mist Vitamin C 100% Powder Expert Reset Firming Peptide Serum Even Blend Serum Rejuvenate 15 Serum Multi-Active Oil				
Eye/ Neck	Ultra Firming Eye & Neck Cream  Expert Revive Smoothing Eye Treatment  Retinol Serum				
Night Time	Expert Reveal Retinol Face Oil				
Hydrate	Moisture Defence Normal  Moisture Defence Oily  Moisture Defence Ultra Dry  Vitamin C Ceramide Moisturiser  Expert Restore Niacinamide Replenishing Cream  Expert Revitalise Hyaluronic Jelly Mask  Hydrating Mask				
Protect	Laser Aid Repair Balm				
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Dermalogica Dynamic Skin Recovery SPF 50