

# RESPITE STAYS



## Rest. Recover. *Recharge.*

Experience comfort and peace of mind with our short-term respite stays. Whether you're recovering from a hospital stay, giving a family caregiver a well-earned break, or exploring retirement living, it's the perfect way to relax, recharge, and heal when you need it most.

- Private, fully furnished suite
- 24/7 support from our wellness team
- 3 delicious, chef-prepared meals daily
- Weekly housekeeping and personal laundry service
- Access to all amenities, activities, and V!VAfit programs



Happier Here™



**Your private respite suite is thoughtfully designed for your comfort and care, with:**

- Adjustable hospital-style bed<sup>1</sup>
- Fully accessible bathroom
- Emergency alert with wearable pendant
- Medication management / administration
- Personalized support<sup>2</sup> tailored to your daily needs, including:
  - *Personal care, dressing and hygiene*
  - *Mobility and transfer assistance*
  - *Continence care*

<sup>1</sup>Upon availability

<sup>2</sup>Determined via required Wellness Assessment; conditions and additional fees may apply.

## UPCOMING SURGERY? PLAN AHEAD!

Organize your post-surgical recovery plans early by pre-booking your respite stay. Visit us for a tour of our fully furnished respite suites, designed to provide all the comforts of home in a supportive environment.

**Call 905-304-1968 or email  
[meadowlands@vivalife.ca](mailto:meadowlands@vivalife.ca)**



**Scan to learn more.**

1248 Mohawk Rd  
Ancaster, ON  
905-304-1968

Independent Living | Assisted Living | Respite Stays