

Proud challenge sponsor



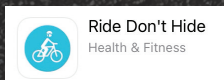
ride**don't**hide

Ride Don't Hide

Join the **MOVEMENT**
for **MENTAL HEALTH**

Join The Medicine Shoppe in supporting the Canadian Mental Health Association's Annual Ride Don't Hide by participating in the ride and our meditation challenge June 21-27, 2021.

Download the Ride Don't Hide App today to join and use
#medicineshoppechallenge to share your stories



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