

## PREPARING FOR YOUR VIRTUAL CARE CONSULTATION



Some in-person appointments with pharmacists can now be completed virtually to reduce travel to pharmacy and risk of exposure. This guide will assist you with preparing for your virtual care consultation.

## What equipment is required for a virtual care consultation?

- A smartphone, tablet, desktop or portable computer with a camera, speaker, microphone or headphones with an integrated microphone;
- Internet access with a minimum speed of 10 Mbps;
- Create your Reacts<sup>™</sup> account from the email invitation sent by your pharmacist;
- Install the Reacts<sup>™</sup> application on your mobile device.

## What are the precautions to be taken on the day of the appointment?

- Set yourself up in a calm, private area;
- Do not sit with bright light behind you
- If internet connected is limited, ensure that your internet connection is being used only for your virtual appointment.
- Have a telephone nearby during the virtual appointment in case of an interruption;
- Have all medications or medication list with you

## **VERY IMPORTANT:**

• Complete the registration and access your Reacts account at least 12 to 24 hours before your first appointment.

Should you encounter a problem while creating your Reacts account, speak to your pharmacist for assistance.