

Osteoarthritis



Osteoarthritis sometimes called degenerative joint disease, is the most common form of arthritis. It affects nearly 1 out of every 10 Canadians. It occurs equally in both men and women and usually develops after age 45. It is a painful and sometimes debilitating condition that can affect several joints including the hips, knees, neck, shoulders, back, fingers, and big toes. Osteoarthritis is defined as the breakdown and eventual loss of cartilage in one or more joints. Cartilage

