

Asthma



Asthma is a chronic disease that affects the airways. Asthma sufferers experience swelling of the airways and excess mucus production, resulting in narrowing of the airways.

Causes

The exact cause of asthma is unknown; however, having a family history of asthma and factors such as allergies may play a role.

Asthma is an exaggerated reaction by the airways to a foreign substance (allergen), including dust and pollen, resulting in airway swelling. Other factors that may cause such swelling are smoke, pollution, and respiratory infections.

Our airways are surrounded by muscle. When the airways are inflamed they