



## Symphony Senior Living

Throughout Symphony, we are proud to offer all-inclusive retirement living with a variety of lifestyle choices and suite options that best meet your needs. At Forest Valley Terrace by Symphony, we are pleased to offer Assisted Living or Memory Care; you can choose the option that is perfect for you. Living at a Symphony residence makes it easy to enjoy every moment, while creating new and lasting memories. Experience an exceptional meal in our lovely dining room or an ice-cream on the patio on a hot day! Enjoy our many leisure activities from live entertainment, dancing, crafts and so much more. Symphony Senior Living combines exceptional services in a warm, vibrant atmosphere.

### Pet Friendly

Pets not only offer companionship and unconditional love, in fact, research shows they have the ability to boost health and general well-being! When you move to Symphony Senior Living, you are welcome to bring your furry friend with you! All of our properties have a resident cat or dog who lives on-site for everyone to enjoy! They are always there with endless amounts of love and patience for our residents, family and guests.



**At Symphony Senior Living, you choose the way you want to live. Our living options and services can evolve to meet your changing needs and desires. Call or visit anytime to find out more.**

### Forest Valley Terrace (613) 830-4000

1510 St. Joseph Blvd  
Orléans, ON K1C 7L1

[www.SymphonySeniorLiving.com](http://www.SymphonySeniorLiving.com)



## FOREST VALLEY TERRACE *by Symphony*



## In Concert With Your Life

Assisted Living, Respite  
Memory Care





## Welcome to Symphony Senior Living

Established in March 2008, Symphony Senior Living was built on the foundation that our residents would be provided with exceptional services in a warm, friendly place much like their own homes. Our dedicated team is passionate about maintaining, supporting and enhancing the lives of those that call a Symphony residence home.

Our promise to you... Symphony Senior Living is dedicated to enriching and supporting lives:

- The lives of the Seniors who live with us,
- The lives of the Families we serve, and
- The lives of our Team Members

### Symphony Signature Neighbourhoods

At Symphony Senior Living our signature Neighbourhoods provide environments and programs geared towards your individual needs. As your lifestyle changes, different Symphony communities offer Neighbourhoods that will accommodate those changing needs.

### Oasis Neighbourhood: Assisted Living

Symphony's Assisted Living Neighbourhoods are called "Oasis". The name "Oasis" was chosen

as it represents a calm and peaceful place where you can live your life and leave your worries behind. Oasis is the ideal solution for seniors who value their independence, yet need some assistance with daily living, or perhaps just don't want to live alone anymore and are looking for a greater sense of security and community. An Oasis Neighbourhood provides the services you need in a cozy, service-rich environment.

### Moments Memory Care Neighbourhood

At Symphony Senior Living we are renowned for our leadership and expertise in the field of Memory Care (Alzheimer's and other Dementias). Our goal in this Neighbourhood is to connect with our residents and support family through a disease process that takes so much, but makes us stop... and truly live in the present "moment". A Moments® Neighbourhood is specifically designed to soothe and engage residents at all levels of functioning and dementia. We feature a minimum of eight activities each day, with evening and weekend programs. This approach integrates family, friends and the broader community at every opportunity, engaging youth, professionals, local interest groups and others, bringing life and living to residents' lives each and every day.



### "At Symphony we believe ...

in being present for others and providing comfortable and harmonious environments – visit one of our communities and allow us to show you the Symphony difference."

— Lisa Brush, CEO and founder of Symphony Senior Living