



About SE Health

SE Health is a not-for-profit social enterprise impacting how people live and age well at home, today and into the future. We bring quality, excellence, and innovation to home care, seniors' lifestyle, and family caregiving. Our professional and highly-trained care team is here to help serve clients and families in communities across Canada.

Learn more about our programs and services at sehc.com

110+ Years

Providing Quality Expert Care

97%

Of Clients Would Recommend
SE Health to Family and Friends

7.6 Million

Annual Visits/Hours of Care

9,000

Staff Across Canada
and Growing



Contact With Us

To inquire about
personalized care or pricing

Phone:

1.866.565.0065

or Visit:

montreal.sehc.com

Follow us on:

 **SEHealth.SEHC**

 **@SEHealth_SEHC**

 **se-health**



The Home of Health™

**Welcome to the future
of health, where care
comes to you.**

Supporting residents of the Greater
Montreal Region and Laval in Quebec.

Why Choose SE Health?

At SE Health, we know health is a journey, and nothing feels quite like home. We offer a wide range of care and support in the comfort of your home. Our expert staff proudly serves seniors who require different levels of care, including: acute, chronic, and palliative care. Our care is always informed by top clinical practices and research.

- At SE Health, we take pride that our staff are experienced, trained, quality care providers who have undergone extensive criminal record checks. We deliver continuity of care to provide a consistent experience.
- We provide nurse-supervised orientation and care.
- Due to our not-for-profit status, no taxes are charged.
- Through our digital platform Elizz, we inspire daughters and sons to live well while caring for their aging parents. If you are a family care, visit elizz.com to access resources to help you in your caregiver journey.

Home Care Services

Personal Care

Our highly-skilled personal care team has the training and expertise to provide hands-on caregiving tasks. Our staff specializes in areas including dementia, palliative care, fall prevention and medical assistance.



Bathing



Toileting



Feeding



Dressing



Medication Assistance



Other Daily Activities

Help at Home

SE Health SE Health Home Support Workers (HSWs) go above and beyond to support you. Develop a new friendship, or rediscover your independence with a HSW at your side during appointments, special events, meaningful hobbies or short day excursions around town. Whether it's light housekeeping, companionship or nutritious meals you can rely on SE Health HSWs to step in and provide exceptional quality care to meet your highest standards.



Engaged Care



Nutritious Meals



Housekeeping



Transportation

Nursing

Our specially trained Registered Nurses and Registered Practical Nurses provide care during various stages of life, whether you have simple or complex medical needs.

Home just feels better.
It's where you're at your best, and where we're at our best too.

Are You Covered?

Home care services are provided on a fee-for-service basis and may be covered by private insurance providers. SE Health is also a recognized provider through Veterans Affairs Canada.

