

Virtual Health Services

Get expert support and advice from a network of virtual health care professionals including navigation specialists, nurses, social workers, and counsellors.



Caregiver Coach

- * Get set up for success! The Caregiver Coach will help you build a care plan that works for everyone.



Nurse Advisor

- * A health care insider to help you understand and prepare for the journey ahead.



Counselling

- * Struggling with stress or guilt? This effective tool will help you adjust and cope.

Family caregivers are everywhere.

We see

you

And we understand the ups and downs you face everyday.

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To book your appointment
call 1 855 Ask Eliz (275 3549)
or visit www.elizz.com
to learn more.

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Foot Care Services



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What Can I Expect?

Elizz Certified Foot Care Nurses are trained in identifying and treating ailments that can impact your foot health.

We will:

- Complete an assessment and screening for current and potential foot, skin and circulatory issues
- Refer to your health history to determine whether you are in a high risk category
- Assess your skin for integrity, hygiene and comfort
- Clean, clip and file the nails
- Assess, teach and treat callouses and corns
- Pack ingrown nails
- Pad or strap the foot to promote comfort
- Recommend preventive measures that will have a positive impact on your foot health
- Apply lotion to treat dry skin
- Provide teaching relating to Foot Care
- Refer you to appropriate Foot Specialist for interventions of foot issues that require more invasive care

Why Is Foot Health So Important?

- Preventative measures help with continued independence
- Maintain mobility
- Reduce the risk of serious complications



Home Care Services

Our Elizz nurses, personal support team, and rehab staff are there to give you peace of mind, with professional in-home help for the person in your care.



Health care specialists ready to help individuals at all stages of life.



A trusted friend and voice to be there when you can't.



Assistance with bathing, toileting, feeding or just getting to that appointment.