Driving Skills Can Change

DriveABLE Benefits

- Specifically developed for drivers with medical conditions
- Based on award winning university research
- Fair for drivers of any age as well as rural and urban drivers
- Protects those drivers who remain competent to drive from being falsely identified.
- Provides an accurate, arms-length decision, reducing the emotional burden for families and caregivers.

The Cost of Operating a Vehicle

Automobile Associations estimate that it costs anywhere between \$500-\$900 a month to operate a motor vehicle. That money can be used to pay for alternative transportation. The table below will help you to calculate how much money will be available.

Costs of Driving	Totals
Monthly vehicle payment x 12	\$
Monthly gas and oil costs x 12	\$
Monthly parking costs x 12	\$
Auto Insurance	\$
Registration / licence costs	\$
Yearly car maintenance	\$
Annual ticket and accident costs	\$
Vehicle value if it is sold	\$
Total Available	\$



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Red Flags & Warning Signs

- Stroke
- · Heart disease
- · Lung disease
- Medications
- Alzheimer disease, other dementias
- · Head injury
- Functional concerns (memory loss, poor judgment, indecisiveness, disorientation or loss of strength, flexibility or balance)
- Driving concerns (crashes, tickets, getting lost, close calls, unaware of driving errors, driving slowly, missing traffic signs)

Drivers who lack insight into their driving difficulties can strongly resist attempts to have them stop driving. The best way to know if someone is safe to drive is to have a fair and accurate driving assessment.

When a Discussion About Driving is Necessary

The thought of giving up driving can be very difficult. Driving means mobility and independence and it is tied to self-esteem. Having to stop driving is often seen as a very concrete marker of declining ability. It can be threatening for some people. Discussing concerns about driving can be difficult for families. Use the steps in this brochure to help guide your discussion.

1. Be Prepared

- · Make a list of safety and medical concerns.
- Explore legal concerns and licensing requirements.
- Calculate the "Cost of Driving" (see next page).
- Plan for future transportation needs.
- Obtain information about where to have a driving assessment (www.driveable.com).
- Plan early, especially if illness is progressive.
- Expect resistance.
- · Find out what driving means to the person.

2. Be Strategic

- · Consider family/relationship dynamics.
- · Try to have all family members on side.
- Decide who would be best to raise the topic.
- Be aware that the driver may lack insight about driving problems. This is not denial but a genuine lack of awareness.
- It can be helpful to have discussions with the driver before the need arises.
- · Remain positive, focus on what you can do.
- · Be sensitive but resolved.

3. Open the Discussion

- When appropriate, acknowledge the driver's past driving record.
- · Note that things have changed.
- Use concrete situations you have observed.
- Blame the medical condition, not the person.
- Discuss the implications of having a crash.
- Be responsive to the driver's concerns.
- Focus on the need for an objective driving assessment.
- · Address future transportation issues.





DriveABLE

DriveABLE is an unbiased and objective evaluation that fairly and accurately determines when driving has declined to an unsafe level due to medical conditions and/ or medications.

The DriveABLE Cognitive Assessment Tool is an assessment of the skills and mental abilities necessary for safe driving that occurs in our offices. It includes tasks that look at attention, judgment, decision-making, and memory.

Behind the Wheel Evaluation

The behind the wheel evaluation was developed using scientific discoveries that specify the driving errors of medically impaired drivers and it is designed to reveal those specific errors.

- · Standardized road course design.
- · DriveABLE trained and certified evaluators.
- Healthy drivers are protected from false positives.
- Only errors related to competence decline are scored.
- Research has demonstrated fairness for both urban and rural drivers.