

*The Medicine*  
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P H A R M A C Y

# Flu

**Staying protected  
is more important  
than ever.**



**Book your flu shot  
appointment today.**

## **What is the flu?**

Seasonal influenza (flu) is a common and highly contagious respiratory infection that affects the nose, throat and lungs. Protect yourself and others by getting an annual flu vaccine.

## **Who should be vaccinated?**

While it's recommended that most people get immunized\*, the flu vaccine is especially recommended for people in these groups:

- People with chronic conditions
- People with morbid obesity
- People who are residents of nursing homes and other chronic care facilities
- People age 65 and older
- Pregnant women

**Speak to your pharmacist  
about the flu vaccine today.**

\*Speak to your pharmacist for eligibility.

The information herein is presented strictly for informational purposes only, and should not be taken as medical advice. Please contact your health care provider if you have any questions about your condition, medication, or treatment.