

It's flu season



Book your appointment today.

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PHARMACY

What is the flu?

Seasonal influenza (flu) is a common and highly contagious respiratory infection that affects the nose, throat and lungs. Protect yourself and others by getting an annual flu vaccine.

Who should be vaccinated?

While it's recommended that most people get immunized*, the flu vaccine is especially recommended for people in these groups:

- People with chronic health conditions
- People who are residents of nursing homes and other chronic care facilities
- Indigenous peoples
- Pregnant women
- People age 65 and older
- Children 6 months to less than 5 years of age

Speak to your personal pharmacist about the flu vaccine today.

*Age groups that pharmacists can vaccinate vary by province. Speak to your pharmacist for eligibility. The information herein is presented strictly for informational purposes only, and should not be taken as medical advice. Please contact your health care provider if you have any questions about your condition, medication, or treatment.

