# Skinstitut<sup>®</sup>

# INJECTABLES HOMECARE PACK

Injectable treatments deliver visible improvements to volume, folds, lines and wrinkles but it's important to consider the overall condition of your skin, most specifically tone, texture, hydration, and clarity. We're sharing a few of our favourite products that will help support and further enhance the effects and longevity of your injectable treatments.

If you're having lip injectables, consider our Enzymatic Micro Peel to exfoliate and hydrate, followed by our Repair Balm to repair and nourish.

If you're having anti-wrinkle injectables, try the skin-refining trio that is Rejuvenate 15, Retinol Serum, and Age Defence SPF50+. The first two will help to resurface texture, clarify skin tone, and renew radiance while the latter is the ultimate anti-ageing protector.

# YOUR INJECTABLE HOMECARE SUPPORT TEAM

## **GLYCOLIC CLEANSER 9%**

A high-intensity cleanser powered by AHAs to refine, smooth and brighten your complexion. Glycolic Cleanser 9% also boosts luminosity and enhances the absorption of active ingredients in your favourite skincare products. Not for irritated or easily sensitised skin.

#### ENZYMATIC MICRO PEEL

A low-intensity, soothing micro-exfoliant for a smoother, brighter skin tone and improved hydration. Ideal to apply to lips if they become dry or chapped.

SKINTEL: It's gentle enough to use around the eyes to gently exfoliate and hydrate.

## **REJUVENATE 15**

A medium-intensity, deeply hydrating corrector to support skin regeneration and renewal by boosting skin firmness and elasticity.

SKINTEL: It's both safe and effective to use around the eyes to nourish and address puffiness.

# **ULTRA FIRMING EYE & NECK CREAM**

A high-intensity corrector targeted for the areas that experience premature ageing first. An elegant multi-tasker, it helps to improve the appearance of fine lines, crow's feet, and puffiness, while improving overall texture and tone.

SKINTEL: Great for dry skins to use all over the face as a nourishing night treatment.

#### SPF

The smartest investment you can make to support and help maintain the effects of your injectable treatments.

Your Injectables Homecare Pack has been created to complement your injectable treatments. The use of a results-driven, 5-step skincare regime incorporating lower and higher intensity products will help to improve and maintain your overall skin condition, resulting in a more revitalised, toned and hydrated complexion, helping to both enhance and prolong your results.

	AM	PM	FREQUENCY	HOW TO USE
Glycolic Cleanser 12%			Daily	Use a pea sized amount with water and lather for 30 seconds. Rinse thoroughly with warm water and pat dry. Avoid eye area.
Enzymatic Micro Peel			2-3 times per week	Apply a smooth film to clean dry skin. Leave for 5-15 minutes. Rinse thoroughly with warm water & pat dry. Can be used as an overnight treatment for dry skin.
Rejuvenate 15			Daily	Apply a pea-sized amount to face and neck, use after cleansing & prior to moisturiser or Age Defence SPF 50+.
Vitamin C 100%			Daily	Mix one tiny shake of powder (equivalent to the size of a grain of rice) with your favourite skinstitut product (as recommended by your therapist). Avoid the eye area.
Retinol Serum			Daily	Start by using a pea-sized amount every 3rd evening, gradually building up to every evening by the third week of use. Use after cleansing & prior to moisturising.  Avoid the eye area.
Ultra Firming Eye & Neck Cream			Daily	For the eyes, gently pat a half peasized amount on the surrounding eye area. For the neck, apply a peasized amount in an upward motion.
SPF			Daily	Apply a generous amount to face and neck. Reapply at 2 hour intervals if exposed to sunlight. Pat to apply rather than rubbing.